

HAWAI'I ISLAND HOMEGROWN: FOOD SELF-RELIANCE WORKSHOP

HAWAI'I COUNTY IMIN CENTER, HŌLUALOA, NORTH KONA
SATURDAY, OCTOBER 18, 2008, 8 AM-6 PM

With more than 85% of our food imported from off-island, many Hawai'i Island residents are concerned about our community's food security. This workshop will empower you to be in control of your own food security, reduce your food budget, increase consumption of fresher, more nutritious food, decrease the impact of spiraling fuel costs, and help create an abundance of food for sharing or sale. This workshop is for gardeners, farmers, homeowners, landscapers, teachers, extension professionals—anyone interested in growing Hawai'i community food self-reliance.



Margaret Krimm's abundant garden in Napo'opo'o. Photo: C. Elevitch

WORKSHOP HIGHLIGHTS

- Sustainable traditional Pacific island methods
- Abundant, easy-to-grow garden crops
- Perennial vegetables, nutritious beauties
- Chicken feed and chicken tractors
- Homesteading the small family farm
- Early bearing and very productive fruits
- On-farm methods of building soil fertility
- Landscaping with edibles
- Food plants with staying power
- Community and network building

PRESENTERS

Tom Baldwin
Melanie Bondera
Ben Discoe
Craig Elevitch
Ken Love
Bonnie Perata
Nancy Redfeather

LUNCH AND REFRESHMENTS

A locally grown lunch and snacks will be served by Hōlualoa's own Holuakoa Gardens restaurant.

REGISTRATION

See last page for registration info or contact:



Craig Elevitch
Permanent Agriculture
Resources
PO Box 428
Hōlualoa, Hawai'i 96725

Tel: 808-324-4427; Fax: -4129
E-mail: craig@agroforestry.net
Web: www.agroforestry.net/events



Sponsored by the Hawai'i County
Resource Center and Department of
Research and Development

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Saturday, October 18, 2008, 8 am–6 pm
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Agenda (subject to minor changes)

7:15–8:00 am	Registration
8:00–8:15	Welcome—workshop overview, Craig Elevitch
8:15–9:00	Pacific traditions in food security, Craig Elevitch
9:00–9:30	Group food self-reliance activity
9:30–10:15	Abundant garden crops we love, Nancy Redfeather
10:15–10:30	Break
10:30–11:00	On-farm chicken feed, Ben Discoe
11:00–11:30	Chicken tractor systems, Bonnie Perata
11:30–12:00	How much lawn and ornamentals do we need? Tom Baldwin
12:00–1:00	Buffet lunch prepared by Holuakoa Gardens, gather in regional groups for networking
1:00–1:30	On-farm methods of building soil fertility, Nancy Redfeather
1:30–2:00	Weathering the storm: Food plants with staying power, Tom Baldwin
2:00–2:30	Perennial vegetables, nutritious beauties, Craig Elevitch
2:30–2:45	Break
2:45–3:30	Early bearing and very productive fruits, Ken Love and Craig Elevitch
3:30–4:15	Bringing it all together: Homesteading the small family farm, Melanie Bondera
4:15–5:00	Community and network building, Nancy Redfeather and Craig Elevitch
5:00–6:00 pm	Seed, plant, and book sales

Location

The workshop will be held at Hawai'i County's Imin Center, located just north of Hōlualoa Village on the mauka side of Mamalahoa highway. It is a spacious facility, with lots of parking. Look for the small green street signs just before the turn coming from either direction.



Sponsorship

This workshop is presented with the generous support of the Hawai'i County Resource Center (www.hcrc.info) and Hawai'i County Department of Research and Development.



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About the speakers



Tom Baldwin is steward and co-crafter of Uluwehi Farm and Nursery (www.uluwehi.com), which includes 25 acres spanning wet to dry, with heavily diversified food forests including many varieties of mango, banana, papaya, durian, and cactus fruits. He strives to perfect design solutions including plant, animal, and water systems, and to foster educational opportunities in diversified agroforestry. Tom is keenly interested in propagation and traditional agriculture.



Melanie Bondera and her husband Colehour farm a 5 acre certified organic farm, Kanalani Ohana Farm (www.kalananifarm.org) in Honaunau. They grow Kona coffee, fruits, vegetables, herbs and flowers for their family and apprentices, for the Keauhou Farmers Market, and for their website customers. They have created a model of the sustainable family farm of the tropics, working towards local/on-farm inputs, low tech/low fossil fuel use, and a diversified system of plants and animals.



Ben Discoe is a geospatial visualization software engineer who was raised on organic gardens in Hawai'i and California. On their homestead farm in Ahualoa (www.ahualoa.net/eggfarm), his family raises chickens for eggs, grows food, and has planted a tea field. His interests include sustainability, discovering an agronomic base for Hawai'i in the post-carbon world, reversing climate change through agricultural use of biochar, and cuddling his chickens.



Craig Elevitch is an educator in agroforestry, traditional agriculture, and sustainable human agroecosystems (www.agroforestry.net). He has authored several agroforestry texts for Pacific islands and edits an international journal for agroforestry. His current projects include studies of understory crops for Pacific islands, traditional methods for Pacific island food security, and Hawai'i Homegrown Food Abundance. He has a 5 acre agroforestry demonstration and research farm in Holualoa.



Ken Love specializes in tropical fruit, he currently promotes crop diversification programs (www.hawaiiifruit.net). Known as the fruit guy or the fruit maniac, Ken's passion for tropical fruit is evidenced by the exotic tropical fruit posters and chef guides he produces. Having been involved with Hawai'i Island agriculture since 1984, Ken is dedicated to organic sustainable farming in Kona and Japan where he has been studying growing systems for more than 20 years.



Bonnie Perata has been an organic gardener and teacher for over 20 years. Bonnie and her husband Bacci began farming in Hawai'i in 2004 on an 8-acre site in Honaunau, where they have developed a diverse, mixed tree farm, nursery, and living structures, and give a home to 27 cheerful hens in three chicken tractors. Her farming philosophy is to stay happy and always smile—the Earth will always take care of us if we work with her.



Nancy Redfeather has been a teacher and organic gardener for 39 years. She is founder of Hawai'i SEED (www.hawaiiseed.org), the Hawai'i Island Seed Exchange, Hawai'i GEAN, the first Hawai'i Island Food Summit, and co-founder of Biodynamics Hawai'i and the Know Your Farmer Alliance. She and her husband Gerry Herbert have created an experimental/educational mini-farm at Kawanui, Honalo, where they have given community classes since 2002 in home vegetable production and coffee and orchard production using sustainable/ecological practices.

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Location: Hawai'i County Imin Center, Hōlualoa, North Kona

Registration form

Space is limited, so please register early.

Name _____

Organization _____

Mailing address _____

City, State, Zip, Country _____

Telephone _____ Fax _____

E-mail (please print clearly) _____

To help us tailor the workshop to your needs, please let us know:

Your interests in home food production (family use, commercial, etc.): _____

What you wish to learn from this workshop: _____

How did you learn about this workshop? _____

Registration fee: \$75 per person, including a locally grown lunch and break snacks. Fee is non-refundable for cancellations after Friday, October 10, 2008. Contact Craig Elevitch at craig@agroforestry.net or 808-324-4427 for further information.

Registration for _____ person(s) @\$75 each \$ _____

Total \$ _____

Please make check or money order payable to "Permanent Agriculture Resources", or pay by Visa, Mastercard, or American Express:

Name on card _____

Card number _____ Expiration date _____

Amount to charge on card _____ Billing zipcode _____

Signature _____

Print this page, fill in, and fax to 324-4129 if paying by credit card or mail with registration fee to:



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